



## Doctor Discussion Guide

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During the next appointment try asking the doctor the following questions to find out if oral, once-daily ZYTIGA® (abiraterone acetate) might be a treatment option for you.

Select an answer for each of these questions:

Have you had medical (eg, hormonal) or surgical treatments to lower your testosterone?

YES                      NO

Has your prostate cancer progressed?

YES                      NO

Has your PSA risen?

YES                      NO

Has your doctor ordered an imaging study that showed your cancer has spread beyond the prostate?

YES                      NO

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### Helping you start the conversation

Select the questions below that are most relevant to you. Then, print your guide and bring it to your next doctor's office visit.

- Is ZYTIGA® the right medication for me?
- What could ZYTIGA® do for me?
- What are the possible side effects of ZYTIGA®?
- How do I take this medication?
- Why do I need prednisone while I'm taking ZYTIGA®?
- How can I get started with ZYTIGA®?
- Who will prescribe ZYTIGA® for me?
- Are there options and resources to help with my out-of-pocket costs for ZYTIGA®?



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During the next appointment made by your loved one, try asking the doctor the following questions to find out if oral, once-daily ZYTIGA® (abiraterone acetate) might be a treatment option for him.

Select an answer for each of these questions:

Has he had medical (eg, hormonal) or surgical treatments to lower his testosterone?

YES                      NO

Has his prostate cancer progressed?

YES                      NO

Has his PSA risen?

YES                      NO

Has his doctor ordered an imaging study that showed his cancer has spread beyond the prostate?

YES                      NO

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### Helping you start the conversation

Select the questions below that are most relevant to your loved one. Then, print your guide and bring it to his next doctor's office visit.

- Is ZYTIGA® the right medication for him?
- What could ZYTIGA® do for him?
- What are the possible side effects of ZYTIGA®?
- How does he take this medication?
- Why does he need prednisone while he's taking ZYTIGA®?
- How can he get started with ZYTIGA®?
- Who will prescribe ZYTIGA® for him?
- Are there options and resources to help with out-of-pocket costs for ZYTIGA®?

## WHAT IS ZYTIGA®?

ZYTIGA® (abiraterone acetate) is a prescription medicine that is used along with prednisone. ZYTIGA® is used to treat men with castration-resistant prostate cancer (prostate cancer that is resistant to medical or surgical treatments that lower testosterone) that has spread to other parts of the body.

## IMPORTANT SAFETY INFORMATION

### Who should not take ZYTIGA® (abiraterone acetate)?

Do not take ZYTIGA® if you are pregnant or may become pregnant. ZYTIGA® may harm your unborn baby. Women who are pregnant or who may become pregnant should not touch ZYTIGA® without protection, such as gloves.

ZYTIGA® is not for use in women or children. **Keep ZYTIGA® and all medicines out of the reach of children.**

### Before you take ZYTIGA®, tell your healthcare provider if you:

- Have heart problems
- Have liver problems
- Have a history of adrenal problems
- Have a history of pituitary problems
- Have any other medical conditions
- Plan to become pregnant (See “Who should not take ZYTIGA®?”)
- Are breastfeeding or plan to breastfeed. It is not known if ZYTIGA® passes into your breast milk. You and your healthcare provider should decide if you will take ZYTIGA® or breastfeed. You should not do both. (See “Who should not take ZYTIGA®?”)
- Take any other medicines, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ZYTIGA® can interact with many other medicines.

### If you are taking ZYTIGA®:

- Take ZYTIGA® and prednisone exactly as your healthcare provider tells you.
- Take your prescribed dose of ZYTIGA® one time a day. Your healthcare provider may change your dose if needed.
- Do not stop taking your prescribed dose of ZYTIGA® or prednisone without talking to your healthcare provider first.
- Take ZYTIGA® on an empty stomach. **Do not take ZYTIGA® with food.** Taking ZYTIGA® with food may cause more of the medicine to be absorbed by the body than is needed and this may cause side effects.
- No food should be eaten 2 hours before and 1 hour after taking ZYTIGA®.
- Swallow ZYTIGA® tablets whole. Do not crush or chew tablets.
- Take ZYTIGA® tablets with water.
- Your healthcare provider will do blood tests to check for side effects.
- Men who are sexually active with a pregnant woman must use a condom during and for one week after treatment with ZYTIGA®. If their female partner may become pregnant a condom and another form of birth control must be used during and for one week after treatment with ZYTIGA®. Talk with your healthcare provider if you have any questions about birth control.
- If you miss a dose of ZYTIGA® or prednisone, take your prescribed dose the following day. If you miss more than 1 dose, tell your healthcare provider right away.

### ZYTIGA® may cause serious side effects including:

#### • **High blood pressure (hypertension), low blood potassium levels (hypokalemia), and fluid retention (edema).**

Tell your healthcare provider if you get any of the following symptoms:

- Dizziness
- Fast heartbeats
- Feel faint or lightheaded
- Headache
- Confusion
- Muscle weakness
- Pain in your legs
- Swelling in your legs or feet

#### • **Adrenal problems** may happen if you stop taking prednisone, get an infection, or are under stress.

• **Liver problems.** You may develop changes in liver function blood tests. Your healthcare provider will do blood tests to check your liver before treatment with ZYTIGA® and during treatment with ZYTIGA®. Liver failure may occur, which can lead to death.

Tell your healthcare provider if you notice any of the following changes:

- Yellowing of the skin or eyes
- Darkening of the urine

- Diarrhea
- Vomiting
- Cough
- High blood pressure
- Shortness of breath
- Urinary tract infection
- Bruising
- Low red blood cells (anemia) and low blood potassium levels
- High blood sugar levels, high blood cholesterol and triglycerides
- Certain other abnormal blood tests

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

**THESE ARE NOT ALL THE POSSIBLE SIDE EFFECTS OF ZYTIGA®. FOR MORE INFORMATION, ASK YOUR HEALTHCARE PROVIDER OR PHARMACIST.**

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

ZYTIGA® can interact with other medicines.

You should not start or stop any medicine before you talk with the healthcare provider who prescribed ZYTIGA®.

Know the medicines you take. Keep a list of them with you to show to your healthcare provider and pharmacist when you get a new medicine.

Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088 (1-800-332-1088).

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